

Date	Session Number	Session Title
2017		
14th September	1	"Why am I here?" (An introduction to Chosen)
21st September	2	"What makes me happy?" (Discovering God as the Source)
28th September	3	"What's your story, God?" (A Look at Salvation History)
5th October	4	How do I know God is real?" (Understanding Divine Revelation)
12th October	5	Who is Jesus?" (The Person and Mission of Christ)
19th October	6	"Why be Catholic?" (Discovering the Church Jesus Founded)
2nd November	7	"Where am I going?" (A Look at the Four Last Things)
16th November	8	"How do I get there?" (The Power and Purpose of the Sacraments)
23rd November	9	"When did my journey begin?" (Baptism, Your Initiation into God's Family)
30th November	10	"Why tell my sins to a priest?" (The Healing Power of Confession)
7th December	11	"How does God help when it hurts?" (Anointing of the Sick and Redemptive Suffering)
14th December	12	"Who is the Holy Spirit?" (Meeting the Third Person of the Trinity)
2018		
11th January	13	"What does the Holy Spirit do for me?" (Gifts for the Journey)
18th January	14	"Why have I been Chosen?" (Sealed and Sent in Confirmation)
25th January	15	"Why do I have to go to Mass?" (Encountering Jesus in the Eucharist)
1st February	16	"What does it mean to say, 'I do'?" (Marriage, a Sign of God's Love)
8th February	17	"Who's calling?" (Holy Orders and Vocational Discernment)
15th February	18	"Are you talking to me?" (Getting to Know God Through Prayer)
1st March	19	"Who is Mary?" (Meeting the Mother of God – and Your Heavenly Family)
8th March	20	"What would Jesus do?" (The Beatitudes as a Path to True Happiness)
15th March	21	"Do I have what it takes?" (Building Virtue – Your Spiritual Workout)
22nd March	22	"Why wait?" (God's Plan for Love and Sex)
12th April	23	"How do I build the kingdom?" (Saying "Yes" to the Mission of Christ and His Church)
19th April	24	"Where do I go from here?" (The Journey Continues)